



# HUB TIME ITINERARY

*Life Verse: Choose for yourselves this day whom you will serve. . . .  
But as for me and my household, we will serve the Lord. (Joshua 24:15, NIV)*

## Can I really make good choices every day?

Welcome everyone to your group. Introduce any visitors. Then proceed with the following.

**ASK** Was Spud funny? (*yes*) I think Spud might struggle with making good choices. What do you think? (*yes*) Let's play a "Choice or No Choice" game about Spud.

**SAY** Spud was named "Spud Russet." Did Spud have a choice or no choice about his name? (*No choice. His parents named him.*)

Spud went to Ireland. Choice or no choice? (*Choice. Spud could take the trip or not.*) Taking the trip was a good choice.

Spud didn't go with his tour group. Choice or no choice? (*Choice. Spud chose to stay in the hotel and watch TV.*) Was that a good or bad choice? (*bad*)

The lobby TV was broken. Did Spud have a choice or no choice? (*No choice. Spud didn't choose whether or not the TV worked.*)

**ASK** So what is a choice? (*When we decide between two or more options.*) We make many choices each day.

**ASK** When your alarm rings each morning, what choice do you make? (*To get up or not.*) That's the first choice you make every day.

**SAY** Let's think of some choices we make every day.

Name choices you make every day and I'll check your choices off this list. If you name something not on my list, I'll write it down too. Ready, set, go!

- Use the Everyday Choices Checklist to check off or jot down choices. Read any choices the kids don't mention.

**ASK** Do we make a lot of choices every day? (*yes*) Not all choices are the same. Some choices are good or bad. But others are just no big deal, no matter what you choose.

**ASK** So how do we figure out whether a choice is a good choice, a bad choice, or a no-big-deal choice? (*Allow responses.*)

**SAY** We can ask ourselves one question to get the answer. Here is the question: "What's the big deal?" You're asking yourself what will happen if you make that choice.

**SAY** Let's practice this question a few times.

**ASK** What's the big deal if I choose Toasty Ts instead of Frosty Os cereal? (*nothing*) What kind of choice is that? (*A no-big-deal choice.*)

**ASK** What's the big deal if you choose to brush your teeth every day? (*You'll help your teeth and gums be healthy.*) What kind of choice is that? (*A good choice.*)

**ASK** What's the big deal if you disobey Mom? (*You get in trouble; you upset Mom; you disobey God; etc.*) What kind of choice is that? (*A bad choice.*)

**SAY** I think you've got it! I think you understand how to figure out if a choice is good, bad, or no big deal.

### Prayer

**SAY** Let's finish our time together by choosing to pray. Do you have anything you'd like us to pray about? (*Write down requests.*)

*Dear God, we love You and want to please You with our everyday choices. Help us make many good choices. Amen.*

- Wait for your Pilot's instructions.
- If you have time, review the Life Verse.
- Get to know your kids better by asking:
  - Would you choose to ride a boat or an airplane around the world?
  - If you could choose a superhero power, what would it be?